

Packing List

Packing List for Patients

All individuals, at minimum, are required to bring one-week of clothing, undergarments, shoes, and a form of picture identification. Storage space is very limited.

Additional items you can bring include:

- Coat or warm sweatshirt
- Old work clothes (if you have them), for specific work-training positions
- Social Security card
- Birth certificate
- EBT cards
- Hair clippers
- Medical insurance card
- Contact information for all POs, CPS workers, courts etc.
- One-month supply of any medication currently prescribed to you (if you bring only a written prescription you will be required to pay for it when it is filled)
- Personal toiletries (curling irons, makeup etc.)
- Up to five personal photos
- If on MOUD/MAT (such as methadone), come with a written prescription for at least one week's worth of medication to ensure continued coverage before we transition care to our partner clinic

Packing List for Patients with Child(ren)

If you are enrolling with a child, you may also bring the following items. Please contact Family Services staff with any questions or concerns).

- Vaccine records
- School records
- Social Security cards
- Favorite toys
- Bike and helmet if available
- Minimum 12 days' worth of clothing
- Crib, car seat, stroller, etc. (if available)
- Two-month supply of any prescription medications

Clients are **NOT** allowed to bring any of the following items:

- Over-the-counter medications/vitamins without doctor's prescription
- Blankets, towels, pillows, or bedding (except for children)
- Money/wallet
- Cell phones/Tablets/other electronics
- Tobacco/vape products
- Aerosol containers
- Mouthwash or any grooming items containing alcohol



KEY RECOVERY
AND LIFE SKILLS CENTER

If you have a question about preparing for your stay with us, please contact Key Recovery and Life Skills Center by calling **206-767-0244**